



Needle Chen &lt;needleschen@gmail.com&gt;

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**Schelene Freeman Testimony**

1 message

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<...@gmail.com>  
To: needleschen@gmail.com

Sun, Nov 20, 2016 at 10:43 AM


Dear Dr Chen,

I hope you receive my testimony and can perceive how grateful my husband and I for all of you kindness and care. You have impacted my life and my families life in such a positive way and want to thank you enormously.

I would like to share my story as far and as wide as possible so that you are able to impact the lives of others in the same way you have mine. Please share my story on your website and in your clinic and help me to share it in other ways also.

Kind Regards and many many thankyous,  
Schelene Freeman

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I wanted to share with you my story.....

In December 2013 I was 35 weeks pregnant when I was diagnosed with bowel cancer with metastasis spread to my liver. My world was sent into a spin and I had no idea how to comprehend what was going to happen or how I could possibly cope with this.....

After a series of scans, tests, and Doctors appointments over several weeks I finally began treatment. I started with chemotherapy for three months in March 2014 to attempt shrinking the tumours. During this time I struggled to cope with a new born baby as well as our three older children and the effects of chemotherapy. I was tired and incredibly sick. A constant feeling of helplessness and loss. My emotional state was in poor condition and my physical state was worse. I became so dehydrated from terrible gastric and vomiting that I was admitted to hospital a number of times. I was so weak and tired I found it impossible to care for myself and our family like I needed and wanted to.

Three months after chemo scans showed that my tumours had shrunk and we went ahead with surgery in June 2014. My team of Doctors had decided to go ahead with a liver resection firstly followed by a bowel resection a few weeks later. My surgeries went well, I recovered reasonably well and I felt rather well. I had a new lease on life and Doctors reassured me that everything had been going to plan and I should be pleased with the outcome of all my treatments and surgeries. My oncologist had decided on a further three months of chemo to 'mop' up and cancer cells that may have been left behind or left undetected. Again I spent three months sick and tired and emotionally and physically wrecked..... but I made it to the end of the three months and I thought I had made it to the end of my cancer journey successfully.

In January 2015 I had some routine blood tests and scans done and results were not as positive as I had hoped. We found more tumours in my liver and my surgeon had suggested we go into surgery again for another liver resection followed by another 6 months of chemotherapy. I felt defeated. Lost and like a complete failure to my children, my husband and to myself. We discussed this option at length and concluded that it would be ok. I would have the surgery, eradicate the tumours and get the chemotherapy over and done with. It would be the last mountain to climb.... I had done it once and I could do again.

In March 2015 I had my second liver resection. My surgeon reported that the surgery went well and that instead of removing four tumours he in fact found another and removed five in total. I was very tired after this surgery. Recovery took longer and I spent a full week in hospital trying to overcome the surgery. I was terrified of going home and taking time to get back on my feet with four children to care for. My husband resigned from his job to help us come to terms with the enormity of the whole ordeal and to help me become more emotionally stable. I felt like I had my socks knocked off me.

After I had settled back at home and had found my feet after surgery, I had a visit from a friend who wanted to tell me about her friend that had been having some complimentary treatment with Dr Chen. She had been getting miraculous results from acupuncture and Chinese herbs as well as meditation and a disciplined yet not impossible diet plan to follow. I decided to go along to see Dr Chen, not only because complimentary and less invasive treatment was something that really resonated with me but because I had lost faith in putting all of my trust in the hands of only chemotherapy and surgeries..... I had a good feeling about Dr Chen.

When I went to see Dr Chen, I had been on chemo for two weeks already. The after effects of treatment weren't as severe as the first three months but I knew they would get progressively worse without some sort of intervention.

Dr Chen was incredible. I walked in hunched over from surgery, shaking like a leaf and full of terrible anxiety. I sat down with my friend and she helped to explain to Dr Chen where I was up to and what I had been through. Julia was so supportive and reassuring. She had already seen first hand how Dr Chen could help and she believed I was in good and safe hands as well. By bringing me to see Dr Chen that day..... she saved my life.

Dr Chen talked me through everything. From what had already happened to me to why and how he could help me to recover both physically and emotionally. I was still more frightened than I know how to describe but I knew that this was how I needed to be treated to be able to recover. Dr Chen spoke in a very gentle and confident voice. He was very clear in describing his treatment and how it would work. He left no question unanswered and for reasons I can't explain I felt safe. I felt like this practice was the team I needed to beat whatever it was left inside me I had to beat. I was crying and shaking and couldn't speak properly. I was grateful yet disappointed I didn't know how to show my gratitude to such a humble and kind man. I laid on the table for acupuncture and Dr Chen told me that within half an hour I would feel calm and pain free..... he promised me this and he delivered.

I continued with chemo and with Dr Chens treatment for the next 6 months. Dr Chen gave me acupuncture treatment as well as Chinese herbs that I needed to take three times a day I also made time to meditate daily and followed the diet recommendation from Dr Chen very closely. My energy levels rose. I found chemotherapy a breeze and to my doctors surprise I didn't lose my hair. It did thin but it didn't all fall out. I looked and felt well. My emotional health was most surprising. I felt safe and I was sure in my mind that I was getting better. Dr Chen had an amazing way of filling my soul with positive energy and calm. I spent three days a week having acupuncture with Dr Chen as well his son Michael who was just as incredible and calming.

Every scan that I had was looked over by both Dr Chen and Michael Chen. They explained everything in great detail and had no problem answering any question I had to ask. I was told that there were still more tumours in my liver which had been overlooked by my surgeon however Dr Chen was confident that with continued treatment by him as well as daily meditation and his recommended diet that he would be able to help my body build its immune system enough to fight the tumours and shrink them.

Treatment was going so well. My routine blood tests were stable and Dr Chen and Michael Chen gave me and my husband continued support and reassurance. I had my routine CT scan in January 2016..... Although Dr Chen had told me on a number of occasions that I was so close to remission but 'not yet', I was still shocked and frightened by the CT scan results I received. The scan showed I had one single tumour left in my liver which my surgeon wanted to remove. My surgeon described the surgery as risky because it was my third liver resection but not impossible. He talked through the risks of going ahead with the surgery but said he believed that I was capable of coping with the procedure and booked me in to go ahead. My husband and I decided we would talk to Dr Chen about the surgery before committing to anything.

Dr Chen looked over my scan results very carefully and thoroughly and concluded that yes; there was a single tumour left.....the same tumour he had been seeing six months prior to this most recent scan result and that yes; surgery was ok.....He assured me that I would breeze through the procedure and be 'absolutely fine afterwards' He and Michael both insisted that once the surgery was over that I would have no more tumours to worry about and that we could continue treatment to continue building my immune system and helping my body to become strong again.

Surgery went well. I knew what to expect. I was discharged, surprisingly within four days and felt great.

A visit to my oncologist was positive. She was very happy with all procedures and blood test results and decided that I would not need anymore chemotherapy treatment at this point.

When I went back to Dr Chen after surgery he was again so positive and confident that we would be clear of tumours but insisted we continue treatment to help my body maintain optimum health. I was incredibly relieved and appreciative of Dr Chen and Michael Chen's continued support. Stopping treatment with them was the furthest thing from my mind. My visits to see Dr Chen were something I looked forward to and they were certainly imperative for my continued recovery both physically and emotionally.

I am now nine months post last surgery and twelve months post chemo. I have had two clear scans thus far and am awaiting my next PET scan in December 2016. I feel emotionally stable and able to cope with the anxieties attached to receiving blood test results, scan results, Dr appointments etc.... Dr Chen has and continues to help me cope with these difficult periods and always acts as my pillar of strength when I feel unsure, fearful or down. His manner is always kind and calm and his son Michael is equally as reassuring.

I can honestly say that without the treatment from Dr Chen and Michael I would have been travelling a very different road. I can't thank both Dr Chen and Michael enough for their ongoing support and their incredible depth of both kindness and knowledge.

I have referred a number of friends, family, including my Dad who is now travelling a similar path to me and, even people that have heard of my story from the grapevine and all of those people are getting wonderful results also...

My husband, my children and I are filled with gratitude that Dr Chen and Michael Chen were introduced into our lives.

It's my wish to reach as many people as I can with my story so Dr Chen and Michael can work their magic on more souls.

Thankyou Dr Chen..... You saved my life. I will be forever in your debt. You are more beautiful in your heart than you know.

Schelene Freeman

A handwritten signature in cursive script that reads "Schelene Freeman". The signature is written in dark ink and is positioned below the typed name.