

My Name is Sarah Fleming I have been seeing doctor Chan consistently for the last 9 months after being diagnosed with Polycystic Ovarian Syndrome. To my GPs amazement it has now gone.

I was a typical 17 year old with acne but by the time I was 19 it had gotten worse. After seeing many doctors (one put me on antibiotics for 6 months) and dermatologists I was told to go on the contraceptive pill. Within months my acne was gone. At 25 I was terribly depressed with bouts of anxiety but continued to stay on the pill as I thought this was something that I had to live with.

At 28 I decided to come off the pill as I had read articles and books about the negative effects of it. Within 4 months my periods were all over the place my acne was sore and inflamed and my mood had worsen. I saw my GP who gave me blood tests and an ultrasound and diagnosed me with Polycystic Ovarian Syndrome. She told me to go back on the pill to help with regulating my periods and fixing my skin. She also told me that I would most likely have trouble conceiving and may not be able to have children "but there is always IVF".

For the first 4 months I didn't see any improvement but had faith that Dr Chen was going to "fix" me. In western medicine we are told to take a drug and usually feel it working pretty much immediately. This usually disguises the problem but doesn't resolve why it is there in the first place.

Last Monday I had another ultrasound and the results came back and "there is no evidence of Polycystic Ovarian Syndrome'. I no longer feel depressed and I don't have to worry about not being able to have children.

I urge anyone who is having treatment to continue to see Dr Chen even if you are not seeing immediate results. Dr Chen's treatment is a slow process but shows lifetime results of health. I urge anyone who is battling any form of illness to not give up on his treatment. I am proof it works.

Sarah.

A handwritten signature in black ink, appearing to read 'Sarah Fleming', with a long horizontal flourish extending to the right.