

Nicholas Megally's story--Autism and Acupuncture.

I met Dr Chen while being treated for Cancer related issues. After such a positive personal outcome, I asked Dr Chen, if he could help my little boy. The first words out of his mouth were "Sure Michael, What is wrong with your boy?" This is the heart of the gentleman that is Dr Chen. His positive attitude and willingness to help is amazing and instils confidence in his abilities.

I explained that Nicholas was Autistic and he said yes we I can help him. Being my son I was still very sceptical and then asked Dr Chen 1.2 million questions, which he kindly answered. The basis of my thinking was since Autism is relatively new what would traditional Chinese medicine know about this condition.

Dr Chen agreed to seeing Nicholas and on first diagnoses simply said the connection between his heart and brain is broken. This was the first time somebody had said to us there is a problem I can see and I think I know how to help. The diagnoses of a child with Autism is all around behaviour and perception of psychologist and the way Dr Chen said I can see an issue that I can help with was refreshing.

So I then asked Dr Chen another 1.2 million questions. Explaining that the child is Autistic he will not sit still for acupuncture. He will not take medication this will be an issue for us. He simply calmed me down and asked me to bring Nicholas in.

Nicholas visited Dr Chen for the first time. Dr Chen spent some time getting to know Nicholas. He asked me to video him and we will then measure his progress. Dr Chen then put a couple of tiny needles in to Nicholas and said that they would come out in their own time. He gave us some herbs, 2 different types of fruit based herbs.

This become a regular weekly task for us and Nicholas. Nicholas got to know DR Chen very well and we continued on the journey. We notice after the first month that Nicholas started to focus better on tasks, 3 months in Nicholas school teacher commented on how much more focused he was. At this point he had minimal words. "water" "Toilet" "bread" etc.

I clearly remember talking to Dr Chen and commenting on how well Nicholas was doing and thanking him for his assistance. However the humble Dr Chen said " I am helping unclutter his mind and form connections but do not thank me as the improvement is everything else you, the family and school are doing it's a collective effort."

Nicholas has now been seeing Dr Chen for just over a year. And the progress is amazing, he is talking in sentences, participates well in school, plays well with his brother and is forming friendships with children and adults. We are still seeing Dr Chen so this is merely part one of the story - To be continued

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