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To Whom It May Concern:

In January 2006, I found a large soft lump in my neck just above my right collar bone. A doctor immediately saw me the night I found my lump with the not so great news it may very likely be cancerous. I spent the next six weeks going to and from specialists, doctors, pathologists, and even into hospital to have a biopsy performed on my lump. After these stressful six weeks, I was informed I had Non-Hodgkins Lymphoma over the phone quite abruptly one day and the lump in my neck was the only one I had. It was then another four weeks before I started my treatment of chemotherapy, which would last for four months – I was told I would lose my hair and be quite ill over this period.

Towards the end of these six weeks, a friend of my mother's referred the name of a Chinese doctor in Ryde who she had heard great things about – Dr Chen. He was an Eastern Medicine doctor offering alternative methods of treatment, particularly in cancer treatments. I rang and made an appointment and saw him within a couple of weeks. By touching my wrists, feeling for my pulse and looking at my tongue when I poked it out, Dr Chen said to me he felt there was another lump in my chest, which my other doctors had not informed me. My first day of chemotherapy was when I was informed there was in fact another small lump in my chest, making my diagnosis at Stage 2. I was shocked at how Dr Chen had picked up on this so easily.

Dr Chen performed acupuncture on all areas of my body (this was to release all the toxins in my body) and prescribed me with a large amount of Chinese herbs in the form of pills, to take three times daily.

Throughout my four months of chemotherapy, I saw Dr Chen weekly, continuing the acupuncture and taking my pills thrice daily. I received the chemotherapy treatment once a fortnight and I believe due to the treatment Dr Chen was giving me, I was able to live an almost completely normal life. I rested for the few days after receiving my chemo each fortnight but for the remainder of the time, I worked and continued to keep my social calendar as full as I could possibly handle!

I also received radiotherapy about three months after my chemotherapy. The first few days became very painful to my throat area and I struggled to talk but I believe seeing Dr Chen during this period helped ease this pain and the following three weeks of treatment were very manageable.

I continued to see Dr Chen for the following five years, gradually reducing how regularly I saw him as I regained my strength. At the end of last year, September 2011, I received my last CT checkup scan and in October 2011, my doctors declared I was in remission.

I would like to say a huge thank you to Dr Chen and Caroline for assisting me through the last six years, I truly can say I do not think I would be where I am today without Dr Chen's amazing treatments (nothing Western medicine could offer me as a patient) and the support of both of them.

I plan to continue seeing Dr Chen for as long as possible as he is a continuous support for my ongoing health.

Thank you again.

Kind regards,

Adrienne