

To the Sceptics out there.

Follicular Lymphoma treated using Traditional Chinese Medicine combined with Oncology medicine.

My story starts in December 2005 when I noticed a Sub-Mandibular lump on my right side when shaving one morning. I didn't take much notice thinking it was just the usual enlarged lymph nodes that go with a cold. However the lump seemed to grow rather quickly. I went to the local GP who advised to keep an eye on it and if it hadn't gone down in 5-6 weeks time come back and see him.

It continued to grow and became quite noticeable to those I came in contact with and very apparent to my wife.

I went back in Jan 2006 to my GP and he recommended a fine needle biopsy, results were inconclusive. I then went for a core needle biopsy which came back with some type of Lymphoma but there was not enough information to type and stage it. I then went under the knife to take a section of it for analysis.

The results were that it was Follicular Lymphoma Stage 2 as I now had a lump in my right groin area. I was referred to an Oncologist at Canberra Hospital, Dr Philip Crispin for treatment and so on. First up was Chlorambucil (sp?) tablets which had a positive effect however six months later it came back and was growing again. Dr Crispin then put me on the CHOPS treatment, which again had a very positive effect so I was hopeful of being in remission for some time.

At this time my wife, Julie suggested again that we see a Chinese Doctor in Sydney to see what he could do. I was very sceptical as I am a fairly staid logical kind of guy and I did not, and still don't have much belief in herbalists, faith healers and all that stuff. However Julie reminded me that he had 'cured' her Aunty Lina (see testimonial by **O Ingle** under **Oesophagus, Throat and Stomach Cancer Testimonials**) as well as a friend of the family **Tony Ranieri** (testimonial under **Non Hodgkins Lymphoma Testimonials**) so I agreed to go and see what he had to say.

I was fairly disbelieving and only agreed to see Dr Chen to put Julie's mind at rest. When I saw him he explained that he takes a holistic approach and helps the body to fix itself. He explained how Western Medicine is very good at identifying illnesses and treating the illness but it is not very good at knowing why cancer develops and stopping reoccurrences. I was accepting that his approach had some merit when I asked if I should continue seeing Dr Crispin – expecting him to say no in which case I would have left and not come back – when he said of course I should and he relies on me doing so. He knew exactly what the chemo was doing to me and explained that his treatment would complement the oncology treatment. He then explained the diet (I love red meat and red wine☺), the herbs, the need for meditation and acupuncture and regular visits to his rooms in Ryde. I accepted what he said and on my next visit to Dr Crispin explained what was going on. Dr Crispin was initially sceptical but when Dr Chen happily advised him what herbs he had prescribed and what the treatment entailed Dr Crispin was more accepting. He became even more so after researching

the herbs and found that they were under examination by some pharmaceutical companies for trials etc.

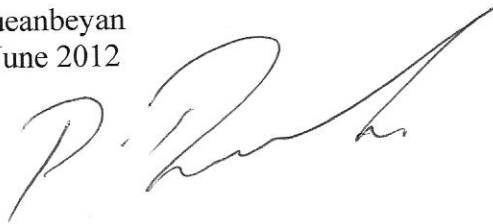
I then started visiting Sydney on a weekly basis for several months and then went to fortnightly for the next year or so, which was a relief. I was very happy when I graduated to monthly visits as I was starting to run out of sick leave by now when you add in the chemo treatment I was concurrently getting.

I, my GP, Oncologist and the staff at ward 14B Oncology Haematology have been pleasantly surprised that I have suffered no side effects throughout my treatment beside a bit of tiredness at the end of a oncology treatment cycle. They are all more accepting now of Traditional Chinese medicine as they have seen the effect it has had on my treatment as well as several others that also see Dr Chen.

I am still going to see Dr Chen after all this time on a monthly basis and I have recommended him to several friends and family with them having positive results. I am very confident that my remission is down to the strong combination of Western (DR Crispin) and Traditional Chinese medicine (Dr Chen) and I look forward to doing a lot of things I thought I may not be able to do. It is refreshing to be able to make plans in the scale of years and decades instead of months.

If you have any questions and would like to contact me just ask Dr Chen or Caroline for my contact details and I'll be happy to have a chat.

Phil Dachs
Queanbeyan
5 June 2012

A handwritten signature in black ink, appearing to read 'P. Dachs', written in a cursive style.