

My Testimonial to Dr Chen

I was diagnosed with Pancreatic Cancer (Adenocarcinoma of Pancreas) in September 2011, which came to me as a very unpleasant surprise after returning from an overseas trip. At first I thought I had contracted Hepatitis, since the symptoms were very similar, including nausea and jaundice. Fortunately, the cancer was still in early stage and was isolated within the head of the pancreas. However, as there was a concern that the cancer might have started penetrating the duodenum wall, my surgeon decided to remove the duodenum, head of the pancreas, gall bladder and some parts of the small intestine, which allowed sufficient margins to ensure the complete removal of the tumour. The 'Whipple Procedure' or Pancreaticoduodenectomy surgery was a major operation which took more than 10 hours. I spent a few hours in recovery and was later transferred to the ICU for the next 3 days. The recovery process was a slow and painful experience. I spent almost 4 weeks in the hospital before finally being discharged.

During my stay in the hospital, I was introduced to Professor Goldstein, who was the head of the Oncology team at the Prince of Wales Hospital. Prof. Goldstein discussed the treatment plan post-surgery, which included a six month chemotherapy session. This was an adjuvant form of chemotherapy, which aimed to prevent and prolong the cancer from returning due to its aggressive and highly recurrent nature, and therefore had to be done 6 weeks after the surgery. At this stage, my body was still very weak and I had lost a lot of weight. I was referred to a dietician, who helped me with my new diet regime post-surgery. I was so scared to face the chemotherapy as I had struggled eating normal food on day to day, let alone to go through the harshness of chemotherapy for 6 months, which would surely make my body even weaker and would have further destroyed my appetite.

During this time, my family had consulted a few friends who had been through similar experiences with cancer. Through some friends, we were told about Dr Qi Xin Chen, who was well known for his success of treating cancer patients. My wife first made contact with Dr Chen's clinic when I was still in hospital and was told to come immediately after I was discharged. I went to see Dr Chen 2 weeks before started the chemo, which was a good time to allow my body to recover. The first time we met, he explained about his treatment method for cancer by boosting the body immune system through promoting the T-cells, which are key elements of the white blood cells that forms the body's defence system. This method is actually quite simple and logical - combining acupuncture (to activate the T-cells) and herbs (to provide nutrition for the T-cells to remain active). After taking the herbs and acupuncture for a couple of weeks, my body started to feel stronger.

I started the chemo session with not many problems, apart from feeling nauseas and a loss of appetite afterwards. My blood counts never fell below the minimum limit to be eligible for the next round of chemo. However, there was one time during the chemo session when I developed a very high temperature and had to be hospitalised. It appeared this was caused by the E.coli bacteria which had escaped to my blood stream during the surgery and were not completely cleared, having remained dormant in my blood stream for some time. The bacteria became active when my body was weak and had low immunity during chemo. Finally, with the correct antibiotics, the doctor managed to clear these bacteria from my system and following that, I did not have any further infections. What was really interesting, during the chemotherapy session, was that my blood test results always showed improvement across most categories, particularly within the liver function test. These results surprised the Oncologist numerous times as he expected to see the opposite. The only time my blood test results went bad was during the time when I stopped having the acupuncture and taking the herbs because I was in the hospital to treat my infection. Soon after I was discharged, I resumed taking the herbs and acupuncture and my blood test results started to improve again. Months went by and I finally completed the chemotherapy session. It was a big relief and I was so grateful to have survived this far.

Now, it has been more than three years since I had the surgery and I am feeling great every day. I still have regular check-ups for blood tests and CT scans, and the results have been good. I believe God has saved and healed me completely. He has used Dr Chen and the medical team at the POW Hospital as His instruments to save my life from this deadly disease. I am back to my routine life but still having the acupuncture and taking the herbals regularly. I have since introduced a few friends to Dr Chen because I feel so grateful to God and I want to share the hope that I have experienced. Thank you Dr Chen for helping me to get well and I am sure there are many others who share my gratitude because of what you have done. Your constant support and encouragement means so much to me and my family in keeping a positive attitude.

A handwritten signature in cursive script, appearing to read "Jeffrey T.", with a horizontal line underlining the first part of the name.

Jeffrey T
23 Dec 2014